## POLAND WAY ACTIVITY CALENDAR DEC. 8-14, 2024 \*ALL ACTIVITIES SUBJECT TO CHANGE

### SUNDAY-DECEMBER 8TH HAPPY BIRTHDAY BARB MCKINNEY!! 2ND SUNDAY OF ADVENT

9:30 MASS (THEATER)
10:00 COMMUNION (LOBBY)
10:30 CHRISTIAN SUNDAY SERVICE (THEATER)
1:00 STRUTHERS CHURCH OF CHRIST MEMBERS CHRISTMAS CAROLING (LOBBY)
AFTERNOON:
RESIDENTS' CHOICE (ACTIVITY)

### **MONDAY-DECEMBER 9TH**

10:00 CHAIR YOGA W/DEVYN (ACTIVITY)
2:00 MASS W/FR. DELUCIA (LOBBY)
2:30 BLANK SLATE (ACTIVITY)
3:00 SNACK (ACTIVITY)

### **TUESDAY-DECEMBER 10TH**

10:00 EXERCISE (REGULAR) (THEATER)

10:30 CHRISTMAS CRAFT W/KIM FROM HARMONY CARES (ACTIVITY)

2:00 PO-KE-NO (NICKELS) (ACTIVITY)

3:15 RUMMIKUB (ACTIVITY)

6:30 BINGO (10 DIMES,1 QUARTER)(ACTIVITY)



### ALL ACTIVITIES ON THIS CALENDAR ARE SUBJECT TO CHANGE/CANCELLATION

### WEDNESDAY-DECEMBER 11TH

### HAPPY BIRTHDAY PAUL GOTSHALL!!

10:00 CHAIR EXERCISE W/SUZANNE (ACTIVITY)

10:30 LEAVE FOR FELLOWS RIVERSIDE GARDENS

CHRISTMAS TREE DISPLAY AND LUNCH AT THE GARDEN CAFE (OUTING)

2:00 BIBLE STUDY (THEATER)

2:30 CHAIR TWISTER W/A TWIST (ACTIVITY)

6:30 CHRISTMAS MUSIC W/LON G. (LOBBY)

#### THURSDAY-DECEMBER 12TH

10:00 YOU TUBE EXERCISE (ACTIVITY)

1:30 ROSARY (THEATER)

2:00 CHAIR YOGA W/SHERI (ACTIVITY)

2:45 KINGS IN THE CORNER (ACTIVITY)

4:00 LEAVE FOR DINNER @ DAS DUTCH HAUS

AND TOUR OF CHRISTMAS LIGHTS @ FIRESTONE PARK (OUTING)

### FRIDAY-DECEMBER 13TH

**ALL DAY:** 

**RESIDENTS' CHOICE (ACTIVITY)** 

### **SATURDAY-DECEMBER 14TH**

10:00 EXERCISE (AEROBICS 1) (THEATER)

10:30 CHRISTMAS COOKIE DECORATING (ACTIVITY)

1:00-3:00 SPA MASSAGES W/LORETTA (SALON)

2:00 CHRISTMAS AFTERNOON MOVIE (THEATER)

3:30 RUMMIKUB (ACTIVITY)





# MEMORY CARE ACTIVITY CALENDAR FOR THE WEEK OF DEC. 1-7, 2024

### **SUNDAY-DEC. 8, 2024**

--MASS

-- COMMUNION

-1:00 CAROLING BY

STRUTHERS CHURCH

**OF CHRIST** 

--SNACK

### THURSDAY-DEC 12, 2024

--EXERCISE

--CHAIR KICKBALL

--TRIVIA

--2:00YOGA W/SHERI

--SNACK

#### **MONDAY-DEC 9, 2024**

--EXERCISE

--TIC-TAC-TOE

--WORD SEARCHES

--SNACK

### **FRIDAY-DEC 13, 2024**

--EXERCISE

--MIND PUZZLES

--MOVIE

--SNACK

### **TUESDAY-DEC. 10, 2024**

--EXERCISE

--RAP SESSION

(THEME: TRAVEL)

--MUSIC W/INSTRUMENTS

--SNACK

### SATURDAY-DEC 14, 2024

--EXERCISE

-- CONNECT FOUR

--CHECKERS

-- CARD GAME

--SNACK

### WEDNESDAY-DEC. 11, 2024

--CHAIR EXERCISE

--MEMORY CARDS

--11:30 YOGA W/DEVYN

--BINGO

### --SNACK

--6:30 MUSIC W/LON G.