

# POLAND WAY ACTIVITY CALENDAR

AUGUST 4-10, 2024

**\*ALL ACTIVITIES SUBJECT TO CHANGE**

## **SUNDAY-AUGUST 4TH**

9:30 MASS (THEATER)

10:00 COMMUNION (LOBBY)

10:30 CHRISTIAN SUNDAY SERVICE (THEATER)  
(ON YOU TUBE)

12:30 LEAVE FOR SCRAPPERS BASEBALL GAME (OUTING)

AFTERNOON:

RESIDENTS' CHOICE ACTIVITIES (ACTIVITY)

## **MONDAY-AUGUST 5TH**

10:00 CHAIR YOGA W/DEVYN (ACTIVITY)

1:30 OPENING CEREMONY OF THE  
THE POLAND WAY OLYMPICS (LOBBY)

2:30 OLYMPIC PING PONG GAME  
(SIGN UP TO COMPETE IN THE ACTIVITY ROOM)

3:00 SNACK (ACTIVITY)

## **TUESDAY-AUGUST 6TH**

10:00 YOU TUBE EXERCISE (ACTIVITY)

10:30 LEAVE FOR SHOPPING @ DOLLAR GENERAL (OUTING)

2:00 OLYMPIC JAVELIN THROW (POOL NOODLES) (COURTYARD)

2:30 PO-KE-NO (ACTIVITY)

3:30 TRASH CARD GAME (ACTIVITY)

6:30 BINGO (10 DIMES, 1 QUARTER)(ACTIVITY)



**ALL ACTIVITIES ON THIS CALENDAR  
ARE SUBJECT TO CHANGE/CANCELLATION**

**WEDNESDAY-AUGUST 7TH**

- 10:00 CHAIR EXERCISE W/RUTH (ACTIVITY)
- 10:30 OLYMPIC BASKET BALL TOSS (ACTIVITY)
- 1:30 KONA ICE (FRONT PORCH)
- 2:00 BIBLE STUDY (THEATER)
- 2:30 MUSIC W/DON ABRAHAM AND HAPPY HOUR (DINING)
- 3:30 KINGS IN THE CORNER CARD GAME (ACTIVITY)
- 6:30 LCR DICE GAME (ACTIVITY)

**THURSDAY-AUGUST 8TH**

- 10:00 YOU TUBE EXERCISE (ACTIVITY)
- 10:30 OLYMPIC TARGET SHOOTING (COURTYARD)
- 1:30 ROSARY (THEATER)
- 2:00 RESIDENT COUNCIL MEETING (ACTIVITY)**
- 4:00 LEAVE FOR DINNER @ BLUE WOLF (OUTING)

**FRIDAY-AUGUST 9TH**

- 10:00 EXERCISE (AEROBICS 1)(THEATER)
- AFTERNOON:  
RESIDENTS' CHOICE ACTIVITIES (ACTIVITY)

**SATURDAY-AUGUST 10TH**

- 10:00 YOU EXERCISE (ACTIVITY)
- 10:30 OLYMPIC MEDALS PRESENTATIONS  
& CLOSING CEREMONIES (LOBBY)
- 1:00-3:00 SPA MASSAGES W/LORETTA (SALON)
- 2:00 AFTERNOON MOVIE (THEATER)
- 3:30 RUMMIKUB (ACTIVITY)



# MEMORY CARE ACTIVITY CALENDAR FOR WEEK OF AUGUST 4-10, 2024

## SUNDAY-AUGUST 4, 2024

--MASS  
-- COMMUNION  
--MIND PUZZLES  
--MC PORCHTIME  
--SNACK

## THURSDAY-AUG 8, 2024

--EXERCISE  
--VELCRO TARGET GAME  
--RAP SESSION  
--PORCHTIME  
--SNACK

## MONDAY-AUGUST 5, 2024

--CHAIR YOGA (AL SIDE)  
--CHAIR SOCCER  
--PICTIONARY  
--PORCHTIME  
--SNACK

## FRIDAY-AUG 9, 2024

--EXERCISE  
--PLAY INSTRUMENTS  
--COOKING W/PATTY  
--PORCHTIME  
--SNACK

## TUESDAY-AUGUST 6, 2024

--TRIVIA (VEGETABLES)  
--11:00 CHAIR YOGA  
W/DEVYN  
--2:00 BUS RIDE  
--PORCHTIME  
--SNACK

## SATURDAY-AUG 10, 2024

--EXERCISE  
--MOVIE  
--MC PORCHTIME  
--SNACK

## WEDNESDAY-AUGUST 7, 2024

--EXERCISE  
--BUCKET TOSS GAME  
--1:30 KONA ICE  
--2:30 MUSIC W/DON ABRAHAM  
& HAPPY HOUR  
--PORCHTIME





# VOTE!

The Inn at Poland Way is  
Nominated for Best Assisted  
Living!

## How to Vote:

- Go to [vindy.com/readerschoice](http://vindy.com/readerschoice) or scan the QR code below
- find the category "Health & Wellness"
- find subcategory "Assisted Living"
- Place your vote!
- You can vote once a day. Voting for the first round begins July 28th and ends August 5th.

