

# POLAND WAY ACTIVITY CALENDAR

## NOVEMBER 12-18, 2023

**\*ALL ACTIVITIES SUBJECT TO CHANGE\***

### **SUNDAY-NOVEMBER 12TH**

9:30 1ST MASS (THEATER)

10:00 COMMUNION (LOBBY)

10:30 2ND MASS (THEATER)

AFTERNOON: RESIDENTS' CHOICE ACTIVITIES (ACTIVITY)

### **MONDAY-NOVEMBER 13TH**

9:30 YOU TUBE EXERCISE (ACTIVITY)

10:15 SCRABBLE (ACTIVITY)

2:00 TASTE TESTING W/DARA (ACTIVITY)

3:00 SNACK (ACTIVITY)

3:30 UNO CARD GAME (ACTIVITY)

### **TUESDAY-NOVEMBER 14TH**

**HAPPY BIRTHDAY ROBERT HANNA!**

9:30 EXERCISE (AEROBICS 1) (THEATER)

10:00 LEAVE FOR SHOPPING @ DOLLAR GENERAL (OUTING)

2:00 PO-KE-NO (NICKELS) (ACTIVITY)

3:30 KINGS IN THE CORNER CARD GAME (ACTIVITY)

6:30 BINGO (10 DIMES, 1 QUARTER)(ACTIVITY)



**ALL ACTIVITIES ON THIS CALENDAR  
ARE SUBJECT TO CHANGE/CANCELLATION**



**WEDNESDAY-NOVEMBER 15TH  
HAPPY BIRTHDAY ELEANOR CONROY!**

- 10:00 CHAIR EXERCISE W/RUTH (ACTIVITY)
- 2:00 BIBLE STUDY (THEATER)
- 2:30 MUSIC W/LON G. W/HAPPY HOUR (DINING)
- 4:00 LEAVE FOR DINNER @ CAFE 422 (OUTING)

**THURSDAY-NOVEMBER 16TH**

- 9:30 EXERCISE (THEATER)
- 10:00 MORNING BINGO
- 1:30 ROSARY (THEATER)
- 2:00 CHAIR YOGA W/ SHERI (ACTIVITY)
- 3:00 KINGS IN THE CORNER (ACTIVITY)

**FRIDAY-NOVEMBER 17TH**

- 10:00 CHAIR YOGA W/ DEVYN (ACTIVITY)
- AFTERNOON:  
RESIDENTS' CHOICE GAMES (ACTIVITY)

**SATURDAY-NOVEMBER 18TH**

- 9:30 EXERCISE (AEROBICS 2) (THEATER)
- 10:00 ARMCHAIR TRAVELS (THEATER)
- 2:30 AFTERNOON MOVIE (THEATER)
- 3:30 RUMMIKUB (ACTIVITY)



# **MEMORY CARE ACTIVITY CALENDAR FOR THE WEEK OF NOVEMBER 12-18, 2023**

## **SUNDAY-NOV. 12, 2023**

**--MASS  
--COMMUNION  
--UNO CARD GAME  
--SNACK**

## **THURSDAY-NOV 16, 2023**

**--EXERCISE  
--Y-TOWN REMINISCE  
--CHAIR YOGA W/SHERI  
(IN AL ACTIVITY ROOM)  
--SNACK**

## **MONDAY-NOV 13, 2023**

**--ACTIVITY PACKET  
--GAME SHOWS  
--SNACK**

## **FRIDAY-NOV 17, 2023**

**--CHAIR YOGA W/DEVYN  
(IN AL ACTIVITY ROOM)  
--CARD GAMES  
--LAWRENCE WELK  
--SNACK**

## **TUESDAY-NOV 14, 2023**

**--CALL OUT THE ANSWER  
--11:00 CHAIR YOGA W/DEVYN  
--2:30 BUS RIDE  
--SNACK**

## **SATURDAY-NOV 18, 2023**

**--ACTIVITY PACKET  
--AFTERNOON MOVIE  
--SNACK**

## **WEDNESDAY-NOV 15, 2023**

**--EXERCISE  
--MUSIC W/LON G.  
W/SNACK**

