

| W K.1 | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| L U N C H | Vegetable soup BLT wrap Chips Fruit medley Or Pepperoni pizza Side salad Fruit medley Strawberry Rhubarb pie | Chicken noodle soup Taco salad Salsa Roasted corn salad Or Swiss burger topped w/crispy onions Pub fries Roasted corn salad Peanut butter bar | Bean soup Fried ham on pretzel bun Onion rings Pineapple Or Chicken Salad on croissant Onion rings pineapple Fruit cobbler | Stuffed pepper soup Turkey & cheese melt Sweet potato fries Cinnamon applesauce Or Cottage cheese w/fresh fruit platter Muffine Oatmeal cookie | Cauliflower cheese soup Chicken quesadilla Southwestern pasta salad Mandarin oranges Or sloppy joe on bun southwestern pasta salad mandarin oranges Ice cream | Tomato Basil soup Asian chicken salad Dinner roll Or Sausage sandwich w/pepper &onions Black bean salad Caramel apple turnover | Wedding soup Pesto chicken salad wrap Cucumber salad Chips Or Roast beef sandwich Cucumber salad Chips Fruit parfait |
| D I N N E R | Mahi Mahi Bites Mango salsa Wild rice Zucchini Or Lemon Thyme pork Wild rice Zucchini Brownie | Balsamic chicken Blistered brussels Smashed redskins Or Baked Haddock Blistered brussels Smashed redskins Sherbet | Steak medallions mushroom demi glace Baked potato w/ roasted red peppers Or boneless BBQ ribs Baked potato w/roasted red peppers Pudding parfait | Jerk Chicken Parmesan Broccoli Scalloped potatoes Or Lemon Garlic Cod Parmesan Broccoli Scalloped Potatoes Iced Cupcake | Spaghetti w/sauce Meatballs Side salad Garlic toast Or Chicken caesar salad Garlic toast Cherry pie | Beer Battered fish Coleslaw Or Turkey burger on bun Fries Coleslaw Lemon bar | Veal Parmesan over pasta Side salad Dinner roll Or pan seared salmon w/Dill Over rice Baby carrots Dinner roll Chef's choice |

| WK 2 | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| L U N C H | French ohio soup Grilled cheese w/ tomato & Bacon French fries Green beans Or Meatball sub French fries Green beans Tapioca pudding | Bean soup Caprese flatbread Side salad Or crispy pecan salad w/chicken Dinner roll Brownie | Stuffed cabbage soup Smoked pulled pork sandwich Broccoli slaw Veggie fries Or portobella gyro Broccoli slaw Veggie fries Baked cinnamon apples | Chicken noodle soup Chlli dog Chips Pears Or Eggplant parmesan Sandwich Side salad Pears Cherry cupcake | Potato chowder BBQ rib patty Onion rings Pineapple Pickle Or Egg/cheese &Ham Casserole Wheat toast Pineapple Sherbet | Split pea soup Cottage cheese w/ fresh fruit platter Crackers Or Chicken Philly Steak Sandwich Pub fries Fresh fruit cup Sweet potato pie | Tomato Soup Fish sandwich Apple cranberry Coleslaw Oven fried potatoes Or Turkey & Swiss On croissant Apple cranberry Coleslaw Oven fried potatoes Ice cream |
| D I N N E R | Stuffed peppers mashed potatoes Peas Or City chicken Mashed potatoes Peas Berry turnover | Glazed ham Baked potato Asparagus Or Pasta bolognese Side salad Dinner roll Pear crisp | Coconut chicken Roasted vegetable Medley Sweet potato casserole Or Pot roast Roasted vegetable medley Sweet potato casserole Banana cream pie | Ravioli florentine Side salad Dinner roll Or Lemon butter fish Side salad Parsley crumb Topped noodles Fruit cobbler | Linguini &clam sauce Caprese salad Garlic bread Or Pork loin Strawberry salsa Roasted butternut squash Chocolate cake | Spinach artichoke stuffed pork Rice pilaf Roasted cauliflower Or Lemon parmesan cod Rice pilaf Roasted cauliflower Fruited gelatin | Salmon cakes w/ Dill cucumber sauce baby carrots Baked sweet potato Or Smoked pork loin Baby carrots Baked sweet potato Bread pudding w/vanilla sauce |

| wk 3 | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | Stuffed pepper soup Boneless chicken wings Cauliflower salad Pretzels Fruit cup Or Pizza Cauliflower salad Pretzels Fruit cup Cheesecake w/topping | Vegetable soup Chicken cordon bleu sub Curly fries Grapes Or Crab salad w/crackers Grapes Lemon bar | Potato chowder Cheeseburger on bun Baked beans Cucumber tomato salad Or Hot dog on bun Baked beans Cucumber tomato salad Pistachio delight | Wedding soup Tuna melt Macaroni salad Sauteed cinnamon apples Or Sausage sandwich Macaroni salad Sauteed cinnamon apples Fruited gelatin | Broccoli cheese soup Roasted garlic tomato pasta w/chicken Tossed salad Dinner roll Or Shrimp taco Black bean salsa Tortilla chips Frosted cake | Minestrone soup Chef's salad Garlic bread Or Grilled cheese sandwich Tater tots Mandarin oranges Ice cream | French onion soup Chicken ranch wrap French fries Grapes Or Egg salad on croissant French fries Grapes Blueberry cobbler |
| | Roast turkey au gratin potatoes Green beans Or Beer battered cod Au gratin potatoes Green beans Fruit cobbler | Beef pot pie side salad Dinner roll Or Spaghetti w/sauce Meatballs Side salad Dinner roll Peach pie | Pesto chicken Roasted garlic orzo Balsamic brussels w/bacon Or Rosemary lamb Roasted garlic orzo Balsamic brussels w/ bacon Pineapple upside down cake | Crispy shrimp w/pineapple salsa Rice Roasted carrots Or Zucchini parmesan Pasta Side salad Coconut cream pie | Steak w/mushrooms & onions Baked potato Mixed vegetables Or Potato crusted cod Baked potato Mixed vegetables Cherry crisp | Stuffed chicken marsala Smashed redskin potatoes Roasted broccoli Or Apple butter pork loin Smashed redskin potatoes Roasted broccoli Cookie | Kielbasa Oven fried potatoes Fried cabbage w/onions & Bacon Or White fish francaise Oven fried potatoes Fried cabbage w/ onions & bacon Oreo fluff |

| WK 4 | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| L U N C H | Cream of broccoli Soup Sicilian pasta Tossed salad Dinner roll Or Italian roast beef Sandwich Chips Fresh fruit Gelatin cake w/topping | Chicken noodle soup Cottage cheese & fresh fruit platter Muffin Or Turkey reuben sandwich French fries Coleslaw Cookie | Pasta fagioli Strawberry & feta salad dinner roll Or honey mustard chicken sandwich sweet potato fries Beet salad Peach crunch cake | Cauliflower cheese soup Crab rolls Balsamic potato salad Melon wedge Or Avocado tuna salad On wheat Balsamic potato salad Melon wedge Chocolate cream pie | Beef noodle soup Pizza grilled cheese sandwich Cucumber onion salad Steak fries Or Pepper & egg sandwich Cucumber onion salad Steak fries Sherbet | Corn chowder Teriyaki chicken tenders Asian coleslaw Pineapple Dinner roll Or Turkey club w/cranberry mayo Asian coleslaw Pineapple Bread pudding | Stuffed cabbage soup Chicken salad On lettuce leaf Cheese & cracker plate Grapes Or Loaded nachos Salsa Grapes Ice cream |
| D I N N E R | Boneless pork chop Scalloped potatoes Roasted acorn squash Or Macaroni & cheese w/ crispy chicken Roasted acorn squash Ice cream sundae | Chili tossed salad Corn bread muffin Or Boneless BBQ ribs Roasted zucchini Corn bread muffin Fruit cobbler | Swiss steak Mashed potatoes Roasted carrots Or Turkey & Rice Casserole Roasted carrots Lemon meringue pie | Baked ham Baked sweet potato Green beans Or Herb tilapia Baked sweet potato Green beans Caramel apple fruit crisp | Cavatelli a la vodka Tossed salad Garlic bread Or Sesame Chicken Oriental vegetables Rice Mandarin orange cake | Chicken sicilian Bowtie noodles Roasted asparagus Or Beef tip marsala Bowtie noodles Roasted asparagus Cherry pie | Roasted turkey mashed potatoes w/gravy Corn Or Shrimp alfredo Pasta Tossed salad Dinner roll Rice krispie treats |