

Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	Saturday (Day 7)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice (FR) Cold Cereal or Hot Cereal Pancakes Sausage Patty Breakfast Fruit of the Day Margarine/Syrup Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Cheese Omelet Donut Margarine Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Waffle Bacon Margarine/Syrup Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Scrambled Eggs w/Cheese Breakfast Hash Brown Patty Margarine Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Sausage Gravy Buttermilk Biscuit Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Breakfast Casserole Muffin Margarine Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Bacon Egg, & Cheese Sandwich Breakfast Fruit of the Day Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken & Dumplings Bread/Margarine Hot Spiced Peaches Milk/Beverage	Cheese Ravioli Spinach Florentine Carrots (A) Garlic Bread Stick Cookie Milk/Beverage	Roast Turkey Herb Stuffing Autumn Blend Vegetables Pears Milk/Beverage	Fish & Cheese Sandwich Macaroni & Cheese Mixed Vegetables Brownie Milk/Beverage	Autumn Pork Roast (Apple Glaze) Au Gratin Potatoes California Blend Vegetables (A) Spice Cake w/Cream Cheese Icing Milk/Beverage	Beef Stew Creamed Corn Chocolate Chip Cookie Bar Milk/Beverage	Chicken Tenders Baked Beans Seasoned Spinach (A) Gelatin Milk/Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Meatloaf Tater Tots Broccoli (A) Tapioca Pudding Milk/Beverage	Sliced Baked Ham Sweet Potatoes (A) Buttered Cabbage Cinnamon Baked Apples Milk/Beverage	Swedish Meatballs with Sauce Buttered Noodles Green Beans Cake w/Fruit (FR) Milk/Beverage	Sweet & Sour Chicken Rice Peas & Carrots (A) Mandarin Oranges Milk/Beverage	Cheese Tortellini with Marinara Sauce Tossed Salad/Dressing Bread/Margarine Fruit Cup Milk/Beverage	Turkey Burger on Bun Herbed Rice Buttered Beets Fruit Fluff (FR) Milk/Beverage	Classic Grilled Cheese Sandwich Tomato Soup Broccoli (A) Frosted Cake Milk/Beverage

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Sunday (Day 8)	Monday (Day 9)	Tuesday (Day 10)	Wednesday (Day 11)	Thursday (Day 12)	Friday (Day 13)	Saturday (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice (FR) Cold Cereal or Hot Cereal Pancakes Sausage Patty Breakfast Fruit of the Day Margarine/Syrup Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Cheese Omelet Cinnamon Roll Margarine Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Waffle Bacon Margarine/Syrup Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Scrambled Eggs w/Cheese Breakfast Hash Brown Patty Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Sausage Gravy Buttermilk Biscuit Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Breakfast Casserole Muffin Margarine Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Bacon Egg, & Cheese Sandwich Breakfast Fruit of the Day Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Meatballs Brown Gravy Rice Green Beans Caramel Marshmallow Brownie Milk/Beverage	Beef Chili Broccoli (A) Corn Muffin/Margarine Pear Crisp (FR) Milk/Beverage	Fish of the Day Hush Puppies Cole Slaw Pudding Milk/Beverage	Beef Stroganoff with Noodles Carrots (A) Apple Crisp (FR) Milk/Beverage	Ham & Cheese Sandwich Tater Tots Creamed Corn Fruit Cocktail Milk/Beverage	Italian Marinated Chicken Buttered Noodles Italian Blend Vegetables (A) Snickerdoodle Bars Milk/Beverage	Cheese Pizza Tossed Salad/Dressing Cookie Milk/Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Bow Ties with Italian Sausage and Marinara Sauce Mixed Vegetables Garlic Bread Stick Peaches Milk/Beverage	Buttermilk Ranch Chicken Mashed Sweet Potatoes (A) Peas Glazed Applesauce Cake Milk/Beverage	Hot Turkey Sandwich Mashed Potatoes & Gravy Vegetable Blend Mandarin Oranges Milk/Beverage	Baked Macaroni & Cheese Stewed Tomatoes Iced Gelatin Poke Cake Milk/Beverage	Turkey & Stuffing Casserole Green Beans Pumpkin Crumble (A) Milk/Beverage	Sloppy Joe on a Bun Au Gratin Potatoes Peas Pears Milk/Beverage	Potato Crusted Pollock Sweet Potato Casserole (A) Mixed Vegetables Pudding Milk/Beverage

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Sunday (Day 15)	Monday (Day 16)	Tuesday (Day 17)	Wednesday (Day 18)	Thursday (Day 19)	Friday (Day 20)	Saturday (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice (FR) Cold Cereal or Hot Cereal Pancakes Sausage Patty Breakfast Fruit of the Day Margarine/Syrup Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Cheese Omelet Donut Margarine Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Waffle Bacon Margarine/Syrup Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Scrambled Eggs w/Cheese Breakfast Hash Brown Patty Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Sausage Gravy Buttermilk Biscuit Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Breakfast Casserole Muffin Margarine Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Bacon Egg, & Cheese Sandwich Breakfast Fruit of the Day Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cranberry Orange Chicken Herb Stuffing Autumn Blend Vegetables Cinnamon Apple Gelatin (FR) Milk/Beverage	Cheese Tortellini with Marinara Sauce Italian Blend Vegetables (A) Pear Crisp (FR) Milk/Beverage	Creamy Turkey Bake Buttered Noodles Buttered Carrots (A) Bread/Margarine Tropical Fruit Milk/Beverage	Fish & Cheese Sandwich Hush Puppies Mixed Vegetables Fruit Cup Milk/Beverage	Kielbasa Pierogies Creamed Corn Cinnamon Baked Apples Milk/Beverage	Beef Pot Pie Tossed Salad/Dressing Cake w/Fruit (FR) Milk/Beverage	Lemon Garlic Chicken Buttered Noodles Steamed Carrots (A) Rice Krispie Treat Milk/Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Baked Potato w/Chili & Cheese Steamed Broccoli (A) Chocolate Cake Milk/Beverage	Sweet & Sour Chicken Rice Green Peas Mandarin Oranges Milk/Beverage	Meatloaf Brown Gravy Mashed Potatoes Green Beans Peanut Butter Cookie Milk/Beverage	Resident's Choice (3 oz Pro/2 Grain/1 Veg/1 Frt) Milk/Beverage	Classic Grilled Cheese Sandwich Tater Tots Green Peas Brownie Milk/Beverage	Open Faced Turkey Sandwich Mashed Potatoes Mixed Vegetables Cookie Milk/Beverage	Potato & Onion Quiche Green Beans Muffin Fruit Cup Milk/Beverage

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Sunday (Day 22)	Monday (Day 23)	Tuesday (Day 24)	Wednesday (Day 25)	Thursday (Day 26)	Friday (Day 27)	Saturday (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice (FR) Cold Cereal or Hot Cereal Pancakes Sausage Patty Breakfast Fruit of the Day Margarine/Syrup Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Cheese Omelet Cinnamon Roll Margarine Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Waffle Bacon Margarine/Syrup Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Scrambled Eggs w/Cheese Breakfast Hash Brown Patty Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Sausage Gravy Buttermilk Biscuit Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Breakfast Casserole Muffin Margarine Milk/Beverage	Assorted Juice (FR) Cold Cereal or Hot Cereal Bacon Egg, & Cheese Sandwich Breakfast Fruit of the Day Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Hamburger on Bun Tater Tots Steamed Broccoli (A) Gelatin Milk/Beverage	Cheese Ravioli w/Alfredo Sauce Italian Spinach (A) Garlic Bread Stick Peanut Butter Cookie Milk/Beverage	Fish of the Day Herbed Rice Capri Vegetables Fruit Cup Milk/Beverage	Corned Beef & Cabbage Roasted Potatoes Bread/Margarine Ambrosia (FR) Milk/Beverage	Penne Italian Sausage Bake Italian Blend Vegetables (A) Bread/Margarine Chilled Pears Milk/Beverage	Honey Glazed Turkey Sweet Potatoes (A) Prince Edward Vegetables Rice Krispie Treat Milk/Beverage	Cheese Pizza Mixed Vegetables Fruit Cup Milk/Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Baked Honey Glazed Ham Scalloped Potatoes Buttered Beets Spice Cake w/Cream Cheese Icing Milk/Beverage	BBQ Chicken Baked Beans Creamed Corn Banana Pudding (FR) Milk/Beverage	Turkey & Noodles Steamed Carrots (A) Bread/Margarine Peaches Milk/Beverage	Baked Macaroni & Cheese Green Beans Bread/Margarine Cookie Milk/Beverage	Chicken Tenders Mashed Potatoes Stewed Tomatoes Brownie Milk/Beverage	Beef Chili Tossed Salad/Dressing Cornbread/Margarine Apple Crisp (FR) Milk/Beverage	Potato Crusted Pollock Hush Puppies California Blend Vegetables (A) Snickerdoodle Bars Milk/Beverage

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